

The POWER of Fasting

Joomla

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Thursday, 01 Shawwal 1426 ~~the~~ compulsory fast of the (lunar) month Ramadan was given to mankind in

After the Israelite people rejected Jesus, the son of Mary, as a Prophet of Allah Most High, and as the tr

That was the most evil deed that they had ever committed in defiance of Allah Most High.

His divine response was ~~to expel them from the~~ ~~holy~~ Land and to ban the ~~Maghr~~ ~~to that~~ ~~Holy Land~~ ~~and~~ ~~to~~

Seventeen months after the Prophet's arrival in the city of Madina the Jews made clear their rejection of

The implication of these dramatic changes was that Muslim community which followed Prophet Muhamma

The divine wisdom recognized that power was essential for successful warfare and went on to recognize

It was in this context of the development of internal power that the compulsory fast of Ramadan was rev

The message that comes ~~That is internal power~~ [Ramadan](#) is this: "if you [Want fast](#) for Allah, why can't you